



## Appliqué Block #1

1. Use a small zig zag stitch to sew around the 13 1/2" *Beige Marble* blocks. This will keep fabric from fraying during the appliqué process.
2. Trace the outline of the appliqué design onto the right side of each square using a pencil with a small lead or a marker of your choice.
 

**Helpful Hint:** Trace on the inside edge of each leaf, heart and cherry. Trace one line in the center of the stems. This will prevent the tracing lines from showing when the appliqué is completed.
3. Trace embellishment lines exactly along pattern lines.
4. To prepare appliqué pieces:
  - A. Make a template for a leaf, a heart and several cherries from heat resistant template plastic by tracing exactly around the shape on the appliqué pattern. Do not include a seam allowance.
  - B. Place the leaf template on the *Forest Paisley* fabric and trace around it with a light colored pencil.
  - C. Cut around the leaf leaving a scant 1/4" seam allowance beyond the tracing line.
  - D. Repeat for all pieces needed from fabric indicated in cutting instructions.
  - E. When cutting out cherries, leave a generous 1/4" seam allowance.
5. Pieces needed for [1] block:
 

[17] leaves, [2] large hearts, [8] cherries, [2] 8" and [1] 18" bias strips for stems.
6. Place wrong sides of *Spruce Aster* bias strips together and sew with a scant 1/4" seam. Press seam to one side and bias strip flat.
7. Appliqué 8" bias strips in place along stem lines using your favorite appliqué stitch. Trim excess fabric at ends.
8. Appliqué the center stem using the 18" bias strip, followed by the leaves, and the hearts.
9. Using thread with a knot in one end, take a running stitch in the seam allowance near the edge of one of the berries. Place the template in the center of the wrong side of the fabric. Pull the running stitch so that the fabric gathers around the template. Press with a little spray starch. Let dry and remove template. Appliqué in place. Repeat with all cherries.
10. Complete each block by using a stem stitch with 2 strands of hunter green embroidery thread to fill in the embellishment lines.
11. When appliqué is completed, press block and trim to 12 1/2".

Template not to scale